

Smoothies

Small: \$3.00 Medium \$3.50 Large \$4.00

All natural with fruit juice, ice, non-fat yogurt or ice cream

Pacific: bananas, strawberries and mixed berries

California: peaches, melon and mixed berries

Pebble Beach: oranges, juice, and ice

Monterey Beach: fresh peaches and juice

Blueberry: fresh blueberries, juice and ice

Mango: fresh mangos, juice and ice

Coconut-Pineapple: fresh coconut and pineapple juice and ice

Lemon: fresh lemon juice and ice

Shakes

Small: \$3.00 Medium: \$3.50 Large: \$4.00

Made with non-fat yogurt or ice-cream

Oreo Burst: Oreo Cookies & Chocolate Syrup

Heath Bar Blast: Heath Bar & Chocolate Syrup

Peanut Butter Rush: Peanut butter cups with chocolate syrup and whipped cream.

Banana-Chocolate: bananas, chocolate or vanilla yogurt or ice cream, chocolate syrup and whipped cream.

Butterfinger Fantasy: butterfingers chocolate or vanilla yogurt or ice cream, chocolate syrup and whipped cream.

Create Your Own Shake: We'll make it the way you like it.

Espresso Shakes

Small: \$3.00 Medium \$3.50 Large \$4.00

Espresso Jolt • Oreo's Java • Banana Jolt • Peanut Butter Café

Chia Tea \$3.00

Vanilla • Spiced • Raspberry • Chocolate • green Tea •
Sugar Free Vanilla

Specialty Coffees

	Single	Double
Espresso	\$1.50	\$2.00
Cappuccino or Latte	\$3.00	\$3.50
Mocha	\$3.00	\$3.50

Iced coffees available in all flavors. Flavored syrups, 50¢ per shot
Beer – Domestic and Import

Wine – By the glass

Sundae Cinema

Now Playing

Ice Cream or Non-fat Yogurt Available!

GILLIGAN'S ISLAND SUNDAY: PINEAPPLE, COCONUTS, WHIPPED CREAM AND NUTS

HOLY CRAP OREOS: BUTTERFINGERS, HOT FUDGE OR CARAMEL WHIPPED CREAM AND NUTS

HOLY SHRIKEY'S: HOT FUDGE, HOT CARAMEL, WHIPPED CREAM AND NUTS

JEOPARDY MIX AND MATCH: PICK ONE DRY TOPPING AND ONE HOT TOPPING

GIMME S•MORES: MARSHMALLOW AND HOT FUDGE TOPPING, GRAHAM CRACKERS

NO RESPECT: HEATH BAR, CARAMEL, WHIPPED CREAM AND NUTS

GIRLS JUST WANNA HAVE FUN: HOT FUDGE, M&M'S AND CHOCOLATE, SPRINKLE

JUST JACK! M&M & CHOCOLATE, CHOCOLATE, CHOCOLATE

BOOK-EM DANNO: PINEAPPLE, STRAWBERRIES, WHIPPED CREAM AND NUTS

SUPERCALIFRAGILISTICEXPALIDOCIOUS: STRAWBERRIES, BLUEBERRIES, WHIPPED CREAM AND NUTS

HEEEEEER•S JOHNNY!: CALIFORNIA FRUIT BLEND

TOP TEN: PEANUT BUTTER, BUTTERFINGERS, WHIPPED CREAM

THE GRACELAND ELVIS SPECIAL: PEANUT BUTTER, CHOCOLATE CHIPS, BANANAS

GREASED LIGHTENING: HOT FUDGE AND STRAWBERRIES

THE OZZY: CREATE~YOU~OWN~ *@#^*& SUNDAE!!

We make you bake!

We can make any item for you to take home and bake later

Dressings for sale: House Garlic Sauce, Raspberry Vinaigrette, Honey Dijon, Blueberry-pomegranate, BBQ Sauce, House Italian, Salsa

Locations

Centerville: 865 East Franklin St

Centerville, Ohio

(937) 434-6336

Bexley: 2455 East Main St

Bexley, Ohio

(614) 238 -3005

West Chester: 8374 Princeton Glendale Rd.

West Chester, Ohio

(937) 860-9550



Flavors Eatery

Corporate Location

865 E. Franklin St.

Centerville, Ohio

(937) 434 - 6336

Dine In... Carry Out ...Catering....

www.flavoreatery.com

Salads

Freshly prepared mesculin mixed greens. With your choice of Homemade dressings

Low Fat - Honey Dijon, Raspberry- Pomegranate, Italian or House White Sauce.	Baby	Luncheon	Full
Simply Gorgeous	\$4.00	\$6.50	\$7.50
Chunky Chicken or Greek salad or Mandarin Chicken or Tuna	\$4.50	\$6.95	\$7.95

Soup and Sandwich - Pick 2 Items \$6.95

1/2 Sandwich• Chicken, Turkey, Tuna, Veggie

1/2 Salad• Your choice of dressing

Cup of Soup 12oz of delicious today's special

Subwiches and Pitas

Lettuce, tomatoes, pickle, red onion, low fat mayo, choice of Swiss, Jack, or Cheddar cheese on our house whole wheat roll. Served hot or cold, Includes chips.

Chicken Bacon Sub	\$7.00	\$3.75
Turkey Bacon Sub	\$7.00	\$3.75
Turkey Time Sub	\$6.00	\$3.50
Tuna Sub	\$6.00	\$3.50
Simply Veggie Sub	\$6.00	\$3.50
Grilled Steak or Chicken Sub	\$6.50	\$3.75
Steak, Chicken, Veggie, Tuna or Turkey Pita	\$6.50	
Garden Veggie Burger Pita	\$6.95	
Greek, Chicken or Steak Gyro	\$6.50	

Hummus Items \$7.50

Served with hummus, tomatoes, spinach, lettuce, cheese, cucumbers, and onions.

Hummus Turkey Wrap, Hummus Chicken Wrap
Hummus Veggie Wrap

Hummus Baked 4-1- Humus over baked pita bread, blended cheese, tomatoes, onions, served with Salsa and chips.

Hummus with chips or Pita & White sauce \$5.00

Quesadillas

Wrapped in whole wheat tortilla with a variety of cheeses and lettuce served with chips and salsa. Spice it up with Thai, teriyaki, pesto sauce to any queso.

Chicken, Tuna, Cheese, Turkey Bacon, Chicken Bacon, Veggie, BBQ Chicken \$7.50

BBQ Steak, Steak, \$7.95

Chicken Side \$7.25 / Full \$8.25

Veggie Side \$6.95 / Full \$7.95

Nachos:

Open Faced Baked Items

	4-1	12"
Roasted Red Pepper w/ Chicken: made with house sauce and asiago cheese	\$7.50	\$16.00
Spinach Artichoke w/ Chicken: with house sauce and asiago cheese	\$7.50	\$16.00
BLT: bacon, lettuce, tomatoes, cheese, w/ house sauce	\$7.50	\$16.00
Santa Fe Chicken: beans, chicken, olives, tomatoes, spinach, cheese w/ house sauce	\$7.50	\$16.00
Pesto Chicken: pesto sauce, chicken, spinach, tomatoes and cheese	\$7.50	\$16.00
Potato Chicken or Steak: house sauce w/ choice of meat, beer battered French fries w/ melted cheese	\$7.95	\$17.75
Thai: Thai chicken, spinach, cheese & onions	\$7.50	\$16.00
Portobello: made with portabella mushrooms, spinach, chicken, tomatoes & sharp cheese	\$7.50	\$16.00
Popeye Spinach: feta, spinach, tomatoes, kalamata olives and house sauce	\$7.50	\$16.00
Alfredo Chicken: alfredo sauce, chicken, portobello	\$7.50	\$16.00
Honey Dijon Chicken: spinach, tomatoes, onions & asiago cheese	\$7.50	\$16.00
Teriyaki/Chicken: teriyaki sauce, chicken, cheese & onions.	\$7.50	\$16.00

Wraps

Wrapped in our honey whole wheat tortillas, organic brown rice, black beans, cheese, lettuce and spice, served with chips and salsa.

Cajun Chicken or BBQ Chicken	\$7.50
Steak Fajita or BBQ Steak	\$7.95
Roasted Veggie	\$7.50
Thai Wrap/ Chicken Pesto/ Teriyaki Wrap	\$7.50
Roasted Red Pepper with Chicken	\$7.50

Wraps without rice and beans

Chicken Caesar: w/ tomatoes, mesculin, cheese, Caesar dressing	\$7.50
Honey Dijon: chicken, greens asiago cheese and tomatoes	\$7.50
Portobello Chicken: Portobello mushrooms, mesculin, tomatoes, and cheese	\$7.50
Alfredo Chicken: alfredo sauce, chicken, Portobello mushrooms	\$7.50
Greek Wrap: kalamata, olives, spinach, chicken, cheese, tomatoes and Greek dressing.	\$7.50
Spinach Artichoke and Chicken: with the house sauce	\$7.50
Tuna Wrap: tuna, mesculin, tomatoes, and asiago cheese	\$7.50
add Guacamole or Hummus	\$1.00

Pizza

	4-1	12"
Veggie: mushrooms, red onion, peppers, olives, herbs, mozzarella cheese	\$7.00	\$16.00
Combo: one meat w/ veggies	\$7.95	\$17.95
Sausaroni: pepperoni and sausage	\$7.00	\$16.00
Monterey Grilled Chicken: grilled chicken, red onion, herbs, and jack cheese	\$7.00	\$16.00
BBQ Chicken Pizza: grilled chicken, homemade BBQ sauce, red onion	\$7.00	\$16.00
Say Cheese: mozzarella, provolone, herbs and special sauce	\$6.00	\$12.00

Atkins Log \$7.50

Meat melted with cheeses, placed over organic greens with onions, olives, tomatoes, cucumbers, house white sauce and salsa, served with house chips. Choice of Chicken, Steak, Tuna or Turkey

Weight Watchers Points

Pizzas: Popeye - 7 points	Portobello - 10 points	Veggie - 7 points
Quesadillas - 10 points	Monterey Grille - 8 points	Cheese - 6 points
Burritos or Wraps - 12 points	Quesadillas - 10 points	
Wow Cow Yogurt: Small - 1 point	Medium - 2 points	

Sides

Chips/Salsa	\$3.00
Baked Fries w/ red onions	\$3.00
Baked Fries w/ Cheese	\$4.00
Hummus w/ chips or Pita & House sauce	\$5.00
House Pasta Salad 8oz	\$3.00
Guacamole w/ chips, salsa & House sauce	\$5.00

Little People Menu

Cheese pizza	\$6.00
Pepperoni pizza	\$7.00
Chicken nuggets and chips	\$3.00
Chicken nuggets and fries	\$4.00
PB & J w/ chips	\$3.00
1/2 sub w/ chips	\$3.50
Cheesy pita w/ chips	\$5.00
Chips w/ melted cheese	\$3.00
Cheesy rollup quesadilla w/ chips	\$5.00
Cheesy rollup chicken quesadilla w/ chips	\$5.00
Cheesy fries	\$4.00
Jumbo soft pretzel	\$2.50
Nacho cheese	.50¢
Fruit cup	\$1.25